

Oral Supplements Per Serving														
Nutrients	Description	Serving Size	Calories per mL	Calories (kcal)	Protein (g)	CHO (g)	Fat (g)	Osmolality (mOsm/kg)	Fiber (g)	Water (%)	Na (mg)	K (mg)	Ca (mg)	P (mg)
<b>BOOST PLUS®</b>	Nutritionally Complete with 360 Calories Calorically Dense	237 mL	1.5	360	14	45	14	670	3	78%	200	360	350	300
<b>BOOST GLUCOSE CONTROL®</b>	Balanced Nutritional Drink for People with Diabetes / Glucose Management	237 mL	1.06	250	14	23	12	400	3	84%	270	260	250	200
<b>BOOST® BREEZE</b>	Fruit-Flavored, Clear-Liquid Nutritional Beverage	237 mL	1.06	250	9	54	0	750	0	83%	80	0	0	150
<b>NOVASOURCE® RENAL</b>	Calorically Dense, Nutritionally Complete Formula Designed to Meet the Unique Needs of Patients with Renal Disease, For Patients on Dialysis	237 mL	2.0	475	21.6	43.5	23.8	800	0	72%	225	225	200	195
<b>BENEPROTEIN®</b>	Made from High-Quality Whey Protein	1 Scoop (7 g Packet)	N/A	25	6	0	0	N/A	0	N/A	15	30	20	0
<b>ARGINAID EXTRA®</b>	Arginine-Intensive Fruit-Flavored Clear-Liquid Beverage to Help Support Wound Management	237 mL	1.06	250	10.5	52	0	1340	0	83%	110	5	0	850
<b>Suplena® with Carb Steady®</b>	Chronic Kidney Disease (Stages 3 & 4), (or for Patients Not on Dialysis)	237 mL	1.8	425	10.6	46.4	22.7	780	3	74%	190	270	250	170
<b>OPTISOURCE® VERY HIGH PROTEIN DRINK</b>	Specially Designed to Help Post-Bariatric Surgery Patients Obtain Adequate Protein and Maintain Muscle Tissue	4 fl oz.	0.85	100	12	6	3	150	0	85%	70	70	150	150
<b>MAGIC CUP®</b>	Weight Loss Intervention, Alternative to Frozen Liquid Supplements Dysphagia / Swallowing Disorders	4 oz.	N/A	290	9	38	11	N/A	0	N/A	110	360	150	150
<b>MIGHTYSHAKES® No Sugar Added</b>	Fortified Frozen Supplement Involuntary Weight Loss	4 oz.	N/A	200	7	20	10	N/A	1	N/A	85	230	150	150
<b>MIGHTYSHAKES® Plus</b>	Fortified Frozen Supplement Involuntary Weight Loss	4 oz.	N/A	240	8	31	10	N/A	0	N/A	60	160	150	150



Nutritional Formulary Card

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Tube Feeding Per 1000 mL																
Nutrients	Description	Calories per mL	Calories (kcal)	Protein (g)	Protein Source	CHO (g)	Carbohydrate Source	Fat (g)	Fat Source	Fiber (g)	Osmolality (mOsm/kg)	Water (%)	Na (mg)	K (mg)	Ca (mg)	P (mg)
<b>FIBERSOURCE® HN</b>	High Protein, Fiber-Containing Tube Feeding Formula	1.2	1200	54	Soy Protein Isolate	160	Corn Syrup, Maltodextrin	39	Canola Oil, MCT Oil	10	490	81%	1200	1900	1000	1000
<b>DIABETISOURCE® AC</b>	Designed to Meet the Unique Nutritional Needs of Patients with Diabetes and Stress-Induced Hyperglycemia	1.2	1200	60	Soy Protein, L-Arginine	100	Corn Syrup, Tapioca Dextrin, Fructose, Fruits and Vegetables, Maltodextrin	58.8	Canola Oil, Refined Fish Oil	15.2	450	82%	1060	1600	800	800
<b>ISOSOURCE® HN</b>	High-Nitrogen Standard Tube Feeding Formula	1.2	1200	53.6	Soy Protein Isolate	160	Corn Syrup, Maltodextrin	39.2	Canola Oil, MCT Oil	0	490	82%	1120	1900	1200	1200
<b>ISOSOURCE® 1.5 CAL</b>	Calorically Dense, Fiber-Containing for Tube Feeding	1.5	1500	67.6	Sodium and Calcium Caseinates (Milk)	168	Maltodextrin, Sugar	64.8	Canola Oil, MCT Oil, Soybean Oil	8	585 - 650	78%	1300	2140	1072	1020
<b>NOVASOURCE® RENAL</b>	Calorically Dense, Nutritionally Complete Formula Designed to Meet the Unique Needs of Patients with Renal Disease, For patients on Dialysis	2.0	2000	90.7	Sodium and Calcium Caseinates, Soy Protein Isolate	183	Corn Syrup, Sugar, Maltodextrin	100	Canola Oil	0	800	72%	945	945	840	819
<b>Suplena® with Carb Steady®</b>	Chronic Kidney Disease (Stages 3 & 4), (or for Patients Not on Dialysis)	1.8	1800	45	Milk Protein Isolate, Sodium Caseinate	196	Corn Maltodextrin, Isomaltulose, Sugar, Glycerine	96	High Oleic Safflower Oil, Canola Oil	12.7	780	74%	802	1139	1055	717
<b>NUTRIHEP®</b>	Formulated to Help Decrease Metabolic End-Products in Patients with Hepatic Disease	1.5	1500	40	Crystalline L-Amino Acids, Whey Protein Concentrate	290	Maltodextrin, Modified Cornstarch	21.2	MCT Oil, Canola Oil, Corn Oil	0	790	76%	160	1320	956	1000
<b>VIVONEX® RTF</b>	Ready-to-Feed, Low Fat, 100% Free Amino Acid Formula	1.0	1000	50	Free Amino Acids (29% From BCAA)	176	Maltodextrin, Modified Cornstarch	11.6	Soybean Oil, MCT Oil	0	630	85%	700	1200	668	668
<b>PEPTAMEN® BARIATRIC</b>	For the Acutely Ill Patient with Obesity Peptide-Based Very High Protein Tube Feeding	1.0	1000	93.2	Enzymatically Hydrolyzed Whey Protein	78	Maltodextrin, Cornstarch	38	MCT Oil, Refined Fish Oil, High Linoleic Safflower Oil, Soybean Oil	4.4	345	84%	670	1330	670	670
<b>PEPTAMEN® WITH PREBIO1™</b>	The Well-Tolerated GI Formula with a Unique Blend of Prebiotic Fibers, Peptide-Based	1.0	1000	40	Enzymatically Hydrolyzed Whey Protein	128	Maltodextrin, Cornstarch	39.2	MCT Oil, Soybean Oil	4	300	85%	560	1500	800	700
<b>NUTREN® PULMONARY</b>	Modified Carbohydrate and Balanced Fat Profile for Better Tolerance, Pulmonary	1.5	1500	68	Calcium-Potassium Caseinate	100	Maltodextrin	94.8	MCT Oil, Canola Oil, Corn Oil	0	330 - 450	78%	1168	1872	1200	1200

**Disclaimers:** All formula substitutions require clinical judgment; please contact a clinician for appropriateness of alternative options. Not all clinical considerations are included and the listed alternatives may not be nutritionally comparable or equivalent in all respects. All product information is obtained from product literature as available upon the date of issue and is subject to change. For specific nutritional information, please consult the manufacturer. For assistance in Nestlé product selection and clinical application, call Nestlé at 1-800-422-ASK2 (2752). In addition, please note the following: **PEPTAMEN® formulas contain milk protein. May not be appropriate for individuals with cow's milk protein allergy.** © 2014 Nestlé. All rights reserved.

Diet Order	Provides
Clear Liquid	Transitional, temporary diet consisting of clear liquids.
Diabetic	Carbohydrate controlled. Incorporates the principles of the Heart Healthy Diet.
Diabetic Pregnancy	Carbohydrate Controlled. Six meals/snacks per day. No sodium restriction.
Full Liquid/ Semi Solid	Transitional, temporary diet consisting of liquids & semi solids.
GI Bland/ Low Fiber	Low fiber, non-spicy, easily digested foods.
Heart Healthy	Limits sodium to ≤2300mg/day. Limits fat and cholesterol.
Regular	Unrestricted meals.
Renal Hemodialysis	Unrestricted protein. ≤2300mg Na, ≤2400mg K, ≤1000mg Phos per day.
Renal Peritoneal Dialysis	Unrestricted protein and potassium. ≤2300mg Na, ≤1000mg Phos.
Renal Pre-Dialysis	Limits protein to ≤60 grams per day. ≤2300mg Na, ≤2400mg K, ≤1000mg Phos per day.
Bariatric Clear Liquid	Sugar free clear liquids. No carbonated beverages. Transitional.
Bariatric Full Liquid	Full Liquids and semi solids with limited carbohydrate. No carbonated beverages. Transitional.
Bariatric Solid	Low carbohydrate, low fat solids with emphasis on protein. No bread products or carbonated beverages.

Modifications	Description
Chopped	Foods prepared to ordered texture.
Ground/Minced	
Pureed	
Nectar Thick Liquids	Liquids prepared to ordered consistency.
Honey Thick Liquids	
Pudding Thick Liquids	

**For detailed diet information, please refer to the CCMC Diet Manual on The Forum.**